



ST. MICHAEL'S EPISCOPAL CHURCH ARLINGTON, VA

SUNDAY, JULY 21, 2024

NINTH SUNDAY AFTER PENTECOST

Whatever has brought you to worship with this community today, we're so glad you're here. If you're wondering whether there might be something more for you, we hope you'll come back and find out. One of the things we're committed to is finding how our story connects with God's story. We'd love to have your story become a part of our story. The best way to participate in these conversations is to look for announcements about "Being With" courses in our e-newsletter.

Sounds from children, young and old, are a valuable part of our prayer life – not a distraction from it! Families are encouraged to sit in the front of the sanctuary, allowing children as many opportunities to follow along and participate as possible. Should a break be beneficial at any point in the service, the nursery is available for supervised play, and includes a QR code for streaming of the service on any device.

The root of the word liturgy is "the work of the people." Meaning all that happens in the sanctuary with the community who gathers works because of your participation. The beautiful thing about this invitation to participate is that, who we are and what we bring is enough because God meets us here! So don't worry about "doing" anything "right." Whether you've been to Episcopal services for a long time, or this is your first, we hope you'll worship in the way that is most comfortable to you. The service instructions about standing, kneeling, and other directions are intended to help clue you into the habits of this particular community.

The words of our worship service are lifted from the Episcopal (and before that Anglican) tradition. The thing that sets us apart from other denominations is our dedication to Common Prayer. These same words have been used for hundreds of years by people all over the world, and are still used today. The hope of finding ourselves in the midst of this ancient tradition is that we might both learn from those who have come before, and add our own voices to the heavenly chorus.

We are currently offering communion in both kinds, the bread and the wine. Drinking from a common cup, is an essential symbolic practice, a reflection of our theology. We place great emphasis on offering this meal from a single paten (plate which holds the bread) and chalice to symbolize the unity we find in Christ, despite any perceived divisions. We return to the Eucharistic table again and again, because it is only through Christ that we are able to imagine what being unified might look like. Choosing to intinct the bread in the chalice is the least sanitary option, as we risk having many hands in the chalice. Please either drink from the chalice, or refrain from consuming the wine. Whether you would like to receive bread, bread and wine, or a blessing, please know that you are welcome at the Lord's table.

Prelude

Procession

Dear Lord and Father of mankind
Repton

Hymn 653

The Holy Eucharist: Rite II

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be his kingdom, now and for ever. Amen.**

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Song of Praise

Hymn S-280

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,
you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father:
receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with
the Holy Spirit, in the glory of God the Father. **Amen.**

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Celebrant Almighty God, the fountain of all wisdom, you know our necessities before we ask and our ignorance in asking: Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness we cannot ask; through the worthiness of your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The First Lesson

2 Samuel 7:1-14a

When the king was settled in his house, and the Lord had given him rest from all his enemies around him, the king said to the prophet Nathan, "See now, I am living in a house of cedar, but the ark of God stays in a tent." Nathan said to the king, "Go, do all that you have in mind; for the Lord is with you."

But that same night the word of the Lord came to Nathan: Go and tell my servant David: Thus says the Lord: Are you the one to build me a house to live in? I have not lived in a house since the day I brought up the people of Israel from Egypt to this day, but I have been moving about in a tent and a tabernacle. Wherever I have moved about among all the people of Israel, did I ever speak a word with any of the tribal leaders of Israel, whom I commanded to shepherd my people Israel, saying, "Why have you not built me a house of cedar?" Now therefore thus you shall say to my servant David: Thus says the Lord of hosts: I took you from the pasture, from following the sheep to be prince over my people Israel; and I have been with you wherever you went, and have cut off all your enemies from before you; and I will make for you a great name, like the

name of the great ones of the earth. And I will appoint a place for my people Israel and will plant them, so that they may live in their own place, and be disturbed no more; and evildoers shall afflict them no more, as formerly, from the time that I appointed judges over my people Israel; and I will give you rest from all your enemies. Moreover the Lord declares to you that the Lord will make you a house. When your days are fulfilled and you lie down with your ancestors, I will raise up your offspring after you, who shall come forth from your body, and I will establish his kingdom. He shall build a house for my name, and I will establish the throne of his kingdom forever. I will be a father to him, and he shall be a son to me.

Lector The Word of the Lord.

People **Thanks be to God.**

The Psalm

Psalm 89:20-37

- 20 I have found David my servant; *
 with my holy oil have I anointed him.
- 21 My hand will hold him fast *
 and my arm will make him strong.
- 22 No enemy shall deceive him, *
 nor any wicked man bring him down.
- 23 I will crush his foes before him *
 and strike down those who hate him.
- 24 My faithfulness and love shall be with him, *
 and he shall be victorious through my Name.
- 25 I shall make his dominion extend *
 from the Great Sea to the River.
- 26 He will say to me, 'You are my Father, *
 my God, and the rock of my salvation.'
- 27 I will make him my firstborn *
 and higher than the kings of the earth.
- 28 I will keep my love for him for ever, *
 and my covenant will stand firm for him.
- 29 I will establish his line for ever *
 and his throne as the days of heaven."
- 30 "If his children forsake my law *
 and do not walk according to my judgments;
- 31 If they break my statutes *
 and do not keep my commandments;
- 32 I will punish their transgressions with a rod *
 and their iniquities with the lash;

33 But I will not take my love from him, *
 nor let my faithfulness prove false.

34 I will not break my covenant, *
 nor change what has gone out of my lips.

35 Once for all I have sworn by my holiness: *
 'I will not lie to David.

36 His line shall endure for ever *
 and his throne as the sun before me;

37 It shall stand fast for evermore like the moon, *
 the abiding witness in the sky.' ”

The Second Lesson

Ephesians 2:11-22

Remember that at one time you Gentiles by birth, called “the uncircumcision” by those who are called “the circumcision” —a physical circumcision made in the flesh by human hands— remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. He has abolished the law with its commandments and ordinances, that he might create in himself one new humanity in place of the two, thus making peace, and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. So he came and proclaimed peace to you who were far off and peace to those who were near; for through him both of us have access in one Spirit to the Father. So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. In him the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built together spiritually into a dwelling place for God.

Lector The Word of the Lord.
 People **Thanks be to God.**

Sequence

Just as I am, without one plea
Woodworth

Hymn 693

The Gospel

Mark 6:30-34, 53-56

Celebrant The Holy Gospel of our Lord Jesus Christ according to Mark.
 People **Glory to you, Lord Christ.**

The apostles gathered around Jesus, and told him all that they had done and taught. He said to them, “Come away to a deserted place all by yourselves and rest a while.” For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things.

When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognized him, and rushed about that whole region and began to

bring the sick on mats to wherever they heard he was. And wherever he went, into villages or cities or farms, they laid the sick in the marketplaces, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

Celebrant The Gospel of the Lord.
People Praise to you, Lord Christ.

The Sermon

The Very Rev. Beth Franklin

The Nicene Creed

BCP pg. 358

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Enriching Our Worship, Form I

Leader In peace and in faith, let us offer our prayers, saying, "Christ, hear us."
For peace and tranquility in the world, and for the salvation of all, we pray to you,
People Christ, hear us.

Leader For Michael, our Presiding Bishop; for Sean, our presiding bishop elect; for Mark and Gail, our own Bishops; and for all the People of God, we pray to you,
People Christ, hear us.

Leader For the Church of God in every place, that it may persevere in faith and hope, we pray to you,
People Christ, hear us.

Leader For all who minister in your Church, and in the world, that they may have grace to build up your people in love, we pray to you,
People Christ, hear us.

Leader Heal the sick in body, mind or spirit, especially those we name at this time.
Provide for those experiencing housing or food insecurity, we pray to you,
People Christ, hear us.

Leader Guide and protect all children who are in danger, we pray to you,
People Christ, hear us.

Leader Shower your compassion on prisoners, hostages and refugees, and all who are in trouble, we pray to you,

People **Christ, hear us.**

Leader Hear us as we remember those who have died, especially Alan Chafin. Grant us with them a share in your eternal glory, we pray to you,

People **Christ, hear us.**

Leader God of love and mercy,

People **Hear our prayer.**

Celebrant Beloved God, as we approach your Presence, guide and stir us with your Holy Spirit, that we may become one body, one spirit in Jesus Christ our Savior. **Amen.**

The Confession of Sin

Enriching Our Worship

Celebrant Let us confess our sins against God.

People **God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.**

Celebrant Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Celebrant The peace of the Lord be always with you.

People **And also with you.**

We greet one another, passing the peace of God.

Announcements

THE HOLY COMMUNION

Preparation of the Table

Offertory

Presentation of the Offerings

Hymn 380

verse 3

Praise God, from whom all blessings flow;
praise him, all creatures here below;
praise him above, ye heavenly host:
praise Father, Son, and Holy Ghost.

The Great Thanksgiving

EOW Prayer III

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.
People **It is right to give our thanks and praise.**

Celebrant All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind. Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:

Celebrant and People

Hymn S-125

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest. Hosanna in the highest
Blessed is he who comes in the name of the Lord.
Hosanna in the highest. Hosanna in the highest.**

Eucharistic Prayer Continues

Celebrant Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer, you have freed us from sin, brought us into your life, reconciled us to you, and restored us to the glory you intend for us.

We thank you that on the night before he died for us Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said: "Take, eat, this is my Body, broken for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said: "Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me."

And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ:

People **Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!**

Celebrant Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and Blood of your Christ. Grant that we, burning with your Spirit's power, may be a people of hope, justice and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with all your people into the joy of our true eternal home. Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.

People **Blessed are you now and for ever. AMEN.**

Celebrant And now, as our Savior Christ has taught us, we are bold to say,
 People Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done, on earth as it is in heaven.
 Give us this day our daily bread.
 And forgive us our trespasses,
 as we forgive those who trespass against us.
 And lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom, and the power, and the glory,
 for ever and ever. Amen.

The Breaking of the Bread

Celebrant Alleluia. Christ our Passover is sacrificed for us;
 People Therefore let us keep the feast. Alleluia.

Communion *Gluten-free wafers are available.*

Communion Hymn

As the Grains of Wheat

Refrain

As the grains of wheat once scat-tered on the hill were
 gath-ered in - to one to be - come our bread; so may all your peo-ple from
 all the ends of earth be gath-ered in - to one in you.

1 As this cup of bless - ing is shared with - in our midst,
 2 Let this be a fore - taste of all that is to come when

Refrain
 may we share the pres - ence of your love.
 all cre - a - tion shares this feast with you.

Post Communion Prayer

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

Blessing

Closing Hymn

The Church's one foundation
Aurelia

Hymn 525

Dismissal

Postlude

THIS WEEK AT ST. MICHAEL'S

SUN 7/21 9:30 AM Holy Eucharist II

SUN 7/28 9:30 AM Holy Eucharist II

PRAYER LIST FOR THE WEEK OF JULY 21

In the Anglican Communion, we pray for The Nippon Sei Ko Kai. In the Diocese of Virginia, we pray for Members of Racial Reconciliation/Outreach/Mission/Creation Care committees and all those for whom they labor. In the region of Arlington, we pray for St. Mary's Church.

We pray for leaders of churches everywhere, especially Justin, Archbishop of Canterbury; Michael, our Presiding Bishop; Mark and Gayle, our bishops; and Beth, our rector.

We pray for goodwill among nations; for Joe, our President, Antonio, Secretary General of the United Nations, Glenn, our Governor, members of the Arlington County Board, and all those in authority. We pray for the welfare of those serving our nation at home and abroad, especially Jeremy.

In our Parish Family we pray for Leroy, Sarah, Paula, Norma, Ethan, Katheryn, Dwight, Barbara, Lois, Skip, Michele, and Tim.

In our greater community, we pray for Cindy, George, Emily, Andrew, Roland, Henry, Susan, Martha, Betty, Laura, Pat, Beth, Jen, George, Peggy, Jon Rucker, Jr., Susan, Keith, Doug, Colby, Sarah, August, Barbara, Katie, Paul, Ben, Mae, Esther, Marina, Gordon, Megan, Jim, Margee, and Bob.

We remember all those who have died, especially Alan Chafin.

READINGS FOR NEXT SUNDAY

2 Samuel 11:1-15 • Psalm 14
Ephesians 3:14-21 • John 6:1-21

Please join us next Sunday for the baptism of **Jesse Daniel Kimball**, grandson of **Monica** and **Jim Dinan**, and son of **Kaitlin Dinan** and **Gene Kimball**.

WEEKLY FORMATION OFFERINGS

CHILDREN'S WORSHIP

Children's Worship is taking a summer break. We'll be back with engaging activities after Labor Day.

STORY CORE

Story Core will be in recess for the summer months. Stay tuned for more information about other upcoming formation opportunities.

OFFICE HOURS

Rector's office hours: The rector will be available at the following times regularly, and as needed at times outside of these windows. The best way to find a time to meet with Beth is to email her directly.

Monday, Wednesday, Thursday: 8 AM-4 PM

Tuesday: 12 PM-8 PM

Parish office hours are Tuesday-Thursday from 10 AM-3 PM.

PRIME TIME: SUMMER LUNCHEON AT THE RECTORY

Mark the date for **Thursday, August 1**, for a Prime Time lunch at the rectory, hosted by rector Beth Franklin. We have enjoyed these festive summer events and are delighted in her invitation again this year. This is not a potluck. Just come, ready to enjoy. **12 till 2 p.m.** at **1421 N. Jefferson St., Arlington 22205**, a block north of Washington Blvd, a few blocks from the church. If you have questions, contact Beth at rector@stmichaelsarlington.org.

REGISTRATION OPEN FOR ST. MICHAEL'S SHRINE MONT WEEKEND, SEPTEMBER 13-15, 2024

Please join us for St. Michael's annual parish retreat in September. Shrine Mont is a great time for all ages! It offers a place for contemplation and renewal at the Great North Mountain in the Shenandoah Valley. Register here: <https://www.stmichaelsarlington.org/shrine-mont-parish-weekends/>

The cost for the weekend includes delicious comfort food, from Friday dinner to Sunday lunch. This year's cost is for adults in a single occupancy room is \$255. Cost for adults in a double occupancy room is \$205. (If you are sharing a room with your spouse, please register for a double occupancy room.) Thanks to the generosity of our parish, children 18 and under attend for free!

Questions? Please contact a member of our Shrine Mont steering committee: Linda Kelleher, Caroline Haynes, Amy Miller, and Tom Sheldon.

THOSE SERVING TODAY

Lector	Marie Muller
Ushers	Dean Scribner, Evelyn Bence
Greeter	Mary Thorne
Acolyte	Wil Harkins, Abbie A., Nicholas Beier
Lay Eucharistic Minister	Linda Kelleher
Altar Guild	James Chang
Flower Guild	Linda Kelleher
Counters	Mike Pilot, Fran Olsen
Zoom Coordinator	James Chang
Children's Worship	—
Coffee Hour Host	—
Vestry Person of the Day	Dan Ruff

ST. MICHAEL'S CLERGY AND STAFF

Rector	The Very Rev. Beth Franklin
Music Minister	Mike Schmidt
Children & Families Minister	Karen Ruff
Seminarian	Drew Downey
Treasurer	Janet Hansen
Bookkeeper	Katrina Moore
Parish Administrator	Kate Yushkova

ST. MICHAEL'S VESTRY

Class of 2025

Vicki Barnett (*Sr. Warden*)
Beth Cavey
Kaipo McCartney (*Warden*)
Bob Moore

Class of 2026

Jim Dinan (*Jr. Warden*)
Lisa Meacham
Mary Thorne

Class of 2027

Dan Ruff
Todd Trapp (*Register*)

CONNECT



Subscribe to our weekly email newsletter at stmichaelsarlington.org, and use the banner that reads "CONNECT - PARISH COMMUNICATIONS" or scan the QR Code.

FLOWERS



Flowers adorning our altar during Sunday worship may be dedicated in memory of, or thanksgiving for a loved one. If you would like to make a dedication, visit stmichaelsarlington.org/sign-ups or scan the QR Code.



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